

# PAWSE & POSE

Pet Adoption and Outdoor Yoga Class

**SATURDAY, APRIL 13**  
**10:00 AM**



Discover your furry companion for life or simply revel in their delightful presence during this unique yoga session.

Prepare for a pawsome experience at the UNC Wellness Center at NW Cary! Join us for Pawse and Pose with the adorable puppies from Beautiful Together Animal Sanctuary. Donations collected will directly contribute to this worthy endeavor.

While you strike your poses, these lovable pups will be spreading joy with their cuddles! Led by instructors Hassina and Rebecca, this hour-long mixed-level yoga class promises plenty of puppy kisses as the rescue dogs roam freely and interact with you.

Join us on [Saturday, April 13 at 10:00 am](#) on the turf—it's open to the entire community, so bring a friend along for the fun!

Beautiful  
**Together**  
animal sanctuary

